



HOPE.  
CARE.  
COMPASSION.

## Guelph Humane Society Board of Directors Candidate Biographies - 2026

### **Amanda Sawlor**

Amanda has been part of the GHS Finance committee for almost two years and is excited to bring her love for animals and genuine care for their well-being to the Board. She believes volunteering is one of the best ways to connect and give back to the great community of Guelph.

Amanda brings direct experience serving on boards at both local and national levels, plus her background as a professional accountant to GHS. Her passion for animals shines through—especially her two rescue pups, and she has a special soft spot for senior dogs and the happiness they bring.

Outside of working time with the University of Guelph, Amanda's probably cuddling with her dogs, cleaning up husky fur (it's a full-time job!), or enjoying anything active and outdoors.

### **Tara Sotoudeh**

Tara Sotoudeh has a background in pet health and nutrition, specializing in animal wellness, product development, and manufacturing strategy. As the founder of Principle Pets, Tara has dedicated her career to improving the lives of animals through science-backed care and innovation within the pet industry.

Based in Guelph, Tara has a strong connection to the local community and a lifelong passion for animal welfare. As a proud pet parent to her dog, Sunny, and her cat, Miney, her involvement with the Guelph Humane Society is a natural extension of her love for animals and desire to make a positive impact in the community.



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Tara is grateful for the opportunity to serve on the GHS Board and hopes to use her professional experience and passion for animal wellbeing to help advance the Humane Society's mission. In her free time, Tara enjoys art, pottery, hiking, and spending time with her pets.

### **Shawna Peddle**

Shawna has been a proud member of the Guelph community since 2000, living with her sons and husband, and her rescue pets Aurora (domestic shorthair) and Cooper (terrier mix). She feels a deep affection for animals as a biologist and pet lover, and her local community, so being a member of the GHS Board of Directors is her ideal way to give back and share expertise with an organization that connects both. Shawna leads sustainability and community impact for a Guelph-headquartered national insurance and financial services provider, and brings experience in non-profit management, finance, communications, and Board governance to GHS. In her free time, she can be found reading, gardening, and spending time outdoors, usually with her dog in tow.